



PSYCHOLOGY

Play and learn with Psychology!

One in every one thousand babies born in Australia is deaf or hard of hearing. More than 90% of these children are born into families with hearing parents and no experience of deafness. Family dynamics can be complicated and a Deaf Connect psychologist can help to smooth everyday family life.

What can a Psychologist help with?

A psychologist seeks to understand the connection between thoughts, emotions and behaviour and how they influence each other. They can support you and your child to better understand themselves and your family dynamics, as well as provide practical strategies to help in everyday life and educational settings.

Through counselling and evidence based interventions, psychologists support families and individuals to:

- Understand and manage behaviour
- Create parenting strategies and family functions, including for additional diagnoses
- Manage and understand emotional needs including anxiety and separation, sadness and depression
- Cope with grief and loss
- Navigate difficulties with developing and maintaining friendships
- Navigate difficulties with social communication, social awareness, and social cognition
- Understand emotional regulation and anger management



Deaf Connect psychologists have specialised knowledge regarding the language, communication, and social-emotional development of deaf and hard of hearing children, as well as the impact deafness can have on development.

Our psychologists work collaboratively with families, professionals, multidisciplinary teams and other service providers to help our children reach their potential.

Psychological Assessments

Deaf Connect now offers specialised assessments to support your child to better understand their presentation and intervention needs, as well as diagnoses. This includes behavioural and developmental assessments, cognitive and learning assessments, and neurodevelopmental assessments.

The available assessments are:

- Griffiths-3
- The Autism Diagnostic Observation Schedule, 2nd Edition (ADOS-2)
- Universal Nonverbal Intelligence Test, 2nd Edition (UNIT 2)

How to access Psychology services

Deaf Connect is a registered NDIS provider and has private appointments available at one of our locations or online through telehealth.

Want to know more?

Head to our website:

deafconnect.org.au/therapy-services

or email us on:

therapy.info@deafconnect.org.au