





# GROUP ACTIVITIES PROGRAM BRISBANE

Deaf Connect hosts a range of group programs and activities throughout the year for Deaf and hard of hearing NDIS participants in Brisbane.

Our activity program below aims to help participation and engagement in community, social and recreational activities.





## Swimming (Aqua Fun)

-  Fortnightly on a Monday from 1 – 4pm
-  Newmarket Pool: 71 Alderson St, Newmarket QLD 4051

Unstructured fun activity with Support Workers assisting with basic exercise & games. Great way to increase social and communication skills and to maintain physical health and wellbeing.





## Craft

-  Alternative fortnight on a Monday from 2–4pm
-  Deaf Connect Alderley: 467 Enoggera Rd, Alderley QLD 4051

Participants bring in their own preferred craft project to the group. Craft is a fun way to increase social and communication skills and to maintain personal hobbies.





## Cooking

-  Fortnightly on a Friday from 1 – 4.30pm
-  The Newmarket, 212 Ashgrove Ave, Ashgrove QLD 4060

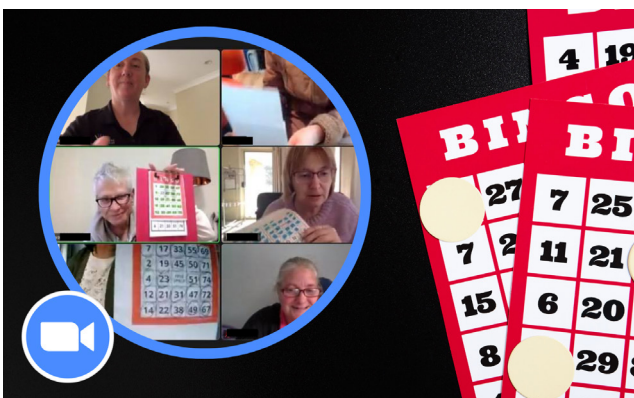
In a small group, participants make 4 dinners and a dessert with help from a Support Worker. Great way to increase their daily living skills and social and communication skills.





## Ten Pin Bowling

-  Alternative fortnight on a Friday from 1 – 4.30pm
-  Aspley Ten Pin Bowling: 149 Albany Creek Road, Aspley 4034

Bowling is back! We've bought back an old favourite group activity – a great way to reduce social isolation and increase social and communication skills.



## Online Bingo

-  Alternating Thursdays and Saturdays
-  Online via Zoom – link will be emailed

Participants join in online for Bingo using Auslan to increase technology and numerical skills. Also a great opportunity to meet people from across Australia!