



# SOCIAL WORK

## **Social workers empower you to achieve your life goals!**

Deaf Connect Social Workers support individuals and their families through challenges to their social, functional and mental wellbeing. They provide you with valuable information, counselling, advice and practical and emotional support, including:

- Assessment of needs (psychosocial strengths/goals)
- Links with community and support
- Strengthening capacity and life skills
- Social and emotional development
- Support around life transitions
- Providing advocacy and referrals to appropriate services and support (respite, housing, personal care)

- Facilitating educational programs to promote resilience, positive thinking, growth mindset and social inclusion

## **Who can access this support?**

- Individuals who receive NDIS funding (National Disability Insurance Scheme).
- The family, kinship group, or carers of eligible children or adults.

## **Meeting needs while enabling choice**

Deaf Connect Social Workers prioritise and address your unique needs and access support that suits you, based on your support requirements. Building a sense of self, confidence, independence and autonomy are some of the key goals and outcomes of social work.



### A social worker can help develop:

**Social Skills:** The skills we use to communicate and interact with others, including the use of appropriate language and non-verbal cues, and understanding the 'rules' like turn-taking and active listening. These skills also include play skills, conflict resolution and risk awareness.

**Self Esteem and Self Worth:** Self-esteem affects behaviours and thinking patterns and it changes how people perceive and value themselves. This impacts confidence and self-worth and can be particularly influenced by experiences of success or failure. Often self-esteem does not come naturally for people with disabilities, it is something that must be fostered, developed, nurtured, and grown as a passage to Deaf gain and pride.

**Self-acceptance:** Facilitating self-knowledge, emotional acceptance and growth with optimal development of personal resources in a one to one or group setting.

**Empowered lives:** Deaf Connect Social Workers will collaboratively explore the pathways that lead to a good life for the individual. This might include emotional regulation, fostering social connections, expanding opportunities within the community and developing strategies to effectively manage individual's interactions with others.

### Want to know more?

You can contact our team for support by emailing: [therapy.info@deafconnect.org.au](mailto:therapy.info@deafconnect.org.au)