



# NSW 18-WEEK COURSES

## For Deaf Adults | Parramatta

18-Week courses are the perfect way to gradually build your foundational skills. You will gain knowledge and skills to use in your everyday life!

These courses are free for eligible students in NSW.

Come to our enrolment day to sign up.

### Enrolment Day Details

**When:** 10am–1pm Tuesday, 27 January 2026

**Where:** Deaf Connect, 69 Phillip St Parramatta

**RSVP:** RSVP with name and email/phone.

Email: [studentservices@deafconnect.org.au](mailto:studentservices@deafconnect.org.au) or SMS to 0447 370 941

RSVP Today



This training is funded by the NSW government. Deaf Connect RTO #41192

Serving our community.  
Sharing our culture.

deaf  
connect

# Course Information

## Healthy Living

 Mondays from 02 February 2026 to 15 June 2026

 9:30AM – 12PM

 Deaf Connect, Parramatta

- How social media and stress can affect us
- Talk about healthy and respectful relationships
- Know how to look after mental health and rest
- Make easy meals without using a stove

## Science and Environment

 Mondays from 02 February 2026 to 15 June 2026

 1PM – 3:30PM

 Deaf Connect, Parramatta

- How to care for the environment
- How to recycle and reuse things
- How to save water and energy
- Easy science facts about the Earth

## Life Skills

 Tuesdays from 03 February 2026 to 16 June 2026

 9:30AM – 12PM

 Deaf Connect, Parramatta

- How to use transport and make travel plans
- Talk about what to pack and how to stay safe when going out
- Practise using simple kitchen tools and following visual steps
- Talk about food safety and healthy routines

# iPad and Computer Skills



Tuesdays from 03 February 2026 to 16 June 2026



1PM – 3:30PM



Deaf Connect, Parramatta

- How to use an iPad and computer
- Explore the internet, apps and programs to stay connected and informed
- Use technology for making phone calls and video calls

## English



Wednesdays from 04 February 2026 to 17 June 2026



9:30AM – 12PM



Deaf Connect, Parramatta

- Improve your English reading and writing skills for everyday life
- How to write clear emails, SMS and important messages
- How Auslan is different from English
- Ways to make your reading easier and more enjoyable

## Maths and Money



Wednesdays from 04 February 2026 to 17 June 2026



1PM – 3:30PM



Deaf Connect, Parramatta

- Basic maths skills
- How to manage money
- How to save and budget your money

# Deaf History & Culture

 Thursdays from 05 February 2026 to 18 June 2026

 9:30AM – 12PM

 Deaf Connect, Parramatta

- Deaf sports, art, and family history
- Find out how Deaf culture is shared and celebrated
- Talk about famous Deaf people and their impact
- Create something that shows Deaf pride

# Event Planning

 Thursdays from 05 February 2026 to 18 June 2026

 1PM – 3:30PM

 Deaf Connect, Parramatta

- Budgeting, organisation and technology skills to make events successful
- Explore and learn about Sydney and how to get around with confidence

